

Host Hotel: [Norfolk Hilton the Main](#)
100 East Main Street
Norfolk, Virginia 23510
757.763.6200

Additional Rooms: [Courtyard Norfolk Downtown](#)
520 Plume Street
Norfolk Virginia 23510
757.963.6000

1/14/2018: There are very few rooms left at The Main, but it's always good to try in case of a cancellation, or if you need a room for less than the entire conference. [Rooms at the Courtyard Downtown will be held until January 26.](#) Call and ask for AIHP Summit rates, or click on the link provided on the Summit 2018 page.

Immediately below is information about the airport, ground transportation, parking at The Main (**free** for conference attendees staying at The Main!), and driving directions. Below this information is a section on attractions in Norfolk and nearby areas in Virginia.

Norfolk International Airport (ORF) is the major airport serving southeastern Virginia with hundreds of flights daily flights provided by American Airlines, Delta, Southwest and United.

Norfolk International Airport is centrally located just one mile east of I-64, just minutes from Downtown Norfolk. Once you've arrived, there are plenty of options for ground transportation to take you to the hotel.

Seven national **rental car agencies** are conveniently located onsite awaiting your arrival at Norfolk International Airport. With combined citywide fleets of over 3,000 vehicles, you're sure to find the right car to fit your needs while in town. For advanced reservations, please contact individual rental car companies directly. Upon arrival, simply check in at the rental car customer service desks located in the baggage claim area below the main terminal lobby.

Alamo (800) 462-5266
Avis (800) 831-2847
Budget (800) 527-0700
Dollar (800) 800-4000
Enterprise (800) 736-8222
Hertz (800) 654-3131
National (800) 227-7368
Thrifty (800) 367-2277

Ground Transportation

James River Transportation: counter service at the airport open 24/7. Located at the baggage claim area near door 3. Cost is \$30; \$35.40 with gratuity added. Reserve in advance by clicking on this link: <https://jamesrivertrans.com/norfolk-airport-shuttle-service/>

Lyft: \$14 - \$21 depending upon type of vehicle requested.

Uber: \$16 - \$21 depending upon type of vehicle requested.

Amtrak offers service to Norfolk with roundtrip, same-seat service to Petersburg, Richmond, Washington DC and cities north all the way up to Boston. For more information, go online (<https://www.amtrak.com/home>) or contact the Virginia Department of Rail and Public Transportation at (804) 786-4440.

Driving Directions

Please consult your favorite online program or app for maps and more detailed information.

From Washington, DC proceed south on **I-95** toward Richmond, Virginia, about 85 miles south of Washington D.C. and I-395. Take exit 84A to merge onto I-295 toward Rocky Mount, N.C./Richmond Airport (15 miles). Take Exit 28A to merge onto I-64 east toward Norfolk/Virginia Beach (77 miles). After the tunnel, remain on I-64 to Exit 284A to merge west onto I-264. Go 5 miles and take Exit 9 on the left toward Waterside Drive. Stay on Waterside several blocks and turn right onto Martins Lane, and then turn left onto East Main Street. Norfolk The Main is on your right.

From Philadelphia proceed to cross the Ben Franklin Bridge taking I-676 East/US-30 East to New Jersey and I-295 south. Follow I-295 to DE-1 south (Delaware)/US-13 south/US-113 (270 miles) to Chesapeake Bay Bridge Tunnel. Once on land, stay on US-13 (2 miles) using right two lanes to merge onto I-64 East toward Chesapeake/Suffolk (2 miles). Use right 2 lanes to take Exit 284A to merge onto I-264 West toward Norfolk (5 miles). Use left 2 lanes to take Exit 9 to merge onto Waterside Drive. Continue on Waterside Drive (past St. Paul's, Commercial, Atlantic) to right onto Martins Lane, and then turn left onto East Main Street.

From Raleigh, North Carolina follow US-64 to I-95 North to US-58 East in Emporia, which is Exit 11A. Drive east on US-58 toward Chesapeake. Get on I-664 south in Chesapeake and follow to I-264 east to Norfolk (9 miles). Use Exit 9 (left lane immediately after tunnel) and take Waterside Drive. Continue on Waterside Drive (past St. Paul's, Commercial, Atlantic) to right onto Martins Lane, and then turn left onto East Main Street.

Hilton Norfolk The Main Parking Garage The parking garage is reached by turning right on Granby (the hotel is on the corner of East Main and Granby) one block to right on Plume. Enter garage on the right. As a guest of the The Main, there is no charge for parking.

Courtyard Norfolk Downtown Parking for AllHP registered guests at Courtyard is a special \$14 per day rate in addition to the special room rate of \$129 per night. All parking is valet at the entrance to the hotel.

Around Norfolk

Travel + Leisure claims Norfolk is one of American's Favorite Cities. For information about sizzling culinary destinations, live music venues, a history walk along the Cannonball Trail, shopping at the nearby MacArthur Center, and which neighborhoods offer a collection of boutiques, art and antique galleries, check out www.visitnorfolk.com.

The **Chrysler Museum** is a gem. The son of the car company founder moved his fledgling museum from a cramped Massachusetts church to Norfolk in 1971. The city promised support, space and commitment, and 10,000 works of art later it doesn't disappoint. Chrysler's collection arguably rivals those of Barnes in Philadelphia or Phillips in Washington, D.C. Especially notable is the acclaimed Tiffany collections, but the historical glass from ancient Rome is exquisite as is the French art glass.

And don't miss the **Chrysler's Perry Glass Studio** with demonstrations every day the museum is open. General admission is always free during standard business hours. Parking is free. <http://www.chrysler.org/>

Battleship Wisconsin is berthed about three blocks from The Main. You do not want to miss the opportunity to be aboard this magnificent ship that served in three wars and earned six battle stars in action. Jeopardy question for the day: how long is the Battleship Wisconsin? For more information, please explore the following website: <https://www.history.navy.mil/content/history/museums/hrnm.html>

Located adjacent to the Wisconsin on the downtown Norfolk waterfront (about 2 blocks from Norfolk The Main), **Nauticus** is a maritime science museum that explores the economy, naval and natural power of the sea. On the second floor is the Hampton Roads Naval Museum, and you are welcome to climb aboard the Battleship Wisconsin (see above). Nauticus is open on Sundays from noon – 5 pm, closed Monday, and open Tuesday – Saturday 10 am – 5 pm. Please check the website for current hours (<https://nauticus.org/>).

Mermaids have graced the city of Norfolk for well over a decade. The idea of mermaids is credited to a former mayor's wife who was inspired by the Cows on Parade in Chicago. Today mermaids can be found throughout the city. How many can you find? www.norfolk.gov/NorfolkMermaids.

Rendezvous in Virginia

Virginia is for Lovers and the entire state welcomes you to explore the outdoors, discover 400 years of history, and enjoy foodie destinations. Get out of the car and take a leisurely pleasant bike ride or get the heart pumping on mountain bike trails. Or take a day or two and camp along the Appalachian Trail.

Wineries? Breweries? Distilleries? Yep, there are top-notch tasting rooms from one end of the state to the other. And you can see the process from still to bottle at distilleries that love to show their passion for spirits.

Colonial Williamsburg (<https://www.colonialwilliamsburg.com/>) and **Historic Jamestowne** (<http://historicjamestowne.org/>) is an hour west of Norfolk. You absolutely, positively cannot leave this area of Virginia without a stay in Colonial Williamsburg. Or, at least a day-long visit. It truly exceeds all expectations. At one time Williamsburg was the largest and most prosperous city in the American colony. George and Martha Washington, Thomas Jefferson, and many other women and men from all walks of life strolled down these streets. When a docent was asked how often the sheets of a typical tavern bed were washed...the reply was "at least monthly!" Can you imagine?

Virginia Beach (<http://www.visitvirginiabeach.com>) is 18 miles east of Norfolk. This coastal city lies where the Chesapeake Bay meets the Atlantic Ocean. A 3-mile boardwalk stretches along the oceanfront and there are plenty of dockside dining options. Or, if you're feeling adventuresome, go aboard a charter and let the crew take you out to sea for some fishing.

Charlottesville (<https://www.visitcharlottesville.org/>) and **Monticello** (<https://www.monticello.org>), the home of Thomas Jefferson, is a 3-hour drive west of Norfolk. No other home in the United States more accurately reflects the personality of its owner. Monticello is an architectural masterpiece. Nearby is Highland, **James Monroe's** home (<http://highland.org>). The fifth president of the United States, Monroe and his wife had a tradition of welcoming of visitors from around the globe to share their place of comfort and hospitality. Further up the road (roughly 30 miles) is James and Dolley Madison's home, **Montpelier** (www.montpelier.org). Madison is widely recognized as the father of the Constitution and Architect of the Bill of Rights; Dolley was truly America's first "First Lady." History isn't all. Situated at the foothills of the Blue Ridge Mountains, it is home to thirty + fruit orchards and vineyards scattered throughout the surrounding countryside.

Really? You can say no to all of this?

For more information, please visit <https://www.virginia.org/>. And don't forget to stay with one of our host members - <http://www.stayva.org/>